

**Wellness Committee Meeting #3 - March 3, 2022**  
Submitted by Donna MacDonald, Health Events Chair

March is National Nutrition Month

Elementary and Middle schools will start having Domino's whole grain pizza

Free breakfast for all schools

Cafeteria staff is now at 65%

Serving breakfast, universal meals means free meals for everyone

Manufacturers having challenges obtaining healthy ingredients

2022-23

State meal mandate requires 2 meals per school day, all meals will be tied to the student ID

Meal applications are returning

More scratch cooking, added salad bar, less food and plastic waste

Biodegradable trays, no styrofoam, new stainless-steel holders coming

Celebration binder:

Documentation of food given out, sold, or served on campus during school hours. Is now a Google form.

A TUSD Annual Survey will be sent out April 1, 2022, and the results will be reviewed on May 1, 2022. It will be sent to health services, school sites, parents and volunteers, student council and ASB officers.

Next meeting May 12, 2022