

SKILL TEST ONE: BALANCING AT SLOW SPEED

The object of this test is to ride the fifty foot course as slowly as possible. The rider must keep moving at all times, but the slower the better. The timer starts when the front wheel crosses the starting line and finishes when the rear wheel crosses the finish line. Time also stops if the bike touches the pipes or the rider touches a foot to the ground.

Course set-up and equipment:

Two parallel lines chalk marked on the ground. The lines are three feet apart and fifty feet long. Connect the ends of the lines to create start and finish lines. The chalk marking on the ground allows you to quickly replace the pipes when they get moved by a bike.

Equipment: Twenty (20) PVC pipe sections, each five feet long are placed in two 50 foot parallel lines of ten pipe sections each. One set of ten is color coded Red (with red paint on the ends) and the other set of ten coded White (No paint).

One or two stop watches. This event can take up to a minute or more if a kid has great balance so a second rider can be started before the first is done.

INSTRUCTIONS TO RIDER:

Ride as slowly as possible between the pipes without touching the ground or hitting a pipe. You must always be moving forward and cannot balance in one place. The longer your time, the higher your score. Time starts when your front wheel crosses the start line and finishes when your rear wheel crosses the finish line. You cannot touch the pipes or put your foot down. Good luck.

SCORING:

This is the most complicated test to score--see the scoring chart:

One point for every second up to 30 seconds. for every second beyond 30, add 0.2 points. For example 32 seconds = $30 + (2 \times 0.2) 0.4 = 30.4$ points. Believe it or not, the scoring chart makes it pretty simple.

